



Community-Based Doula Workforce Development Program



community organizations came together

To nominate



new doulas

Who dedicated



days to learn and grow

So they can support
more of the



birthing families in
Arapahoe County



of whom are covered by Medicaid



New Doula Reflections

This training opened up my eyes to how important it is to show up to support and empower people and educate them so they can take an active role in the choices during their birth.

I felt so empowered and in the right place in my life; at the same time, I felt I was continuing my parents' practices, based on ancestral wisdom.

It was meaningful to me because it opened my eyes to birth in a better light... all births don't have to be traumatic.

This was meaningful in its bilingual and diversity component. I've never been in a space in the US that was so diverse with women from all over the Americas.

I actually wish we had more classes to go to.

This means so much! During my pregnancies and after giving birth I was always alone. I now understand how good it is to have someone by your side! To have a support system and someone to turn to!





By the Numbers

**100% of
participants
completed
the training**

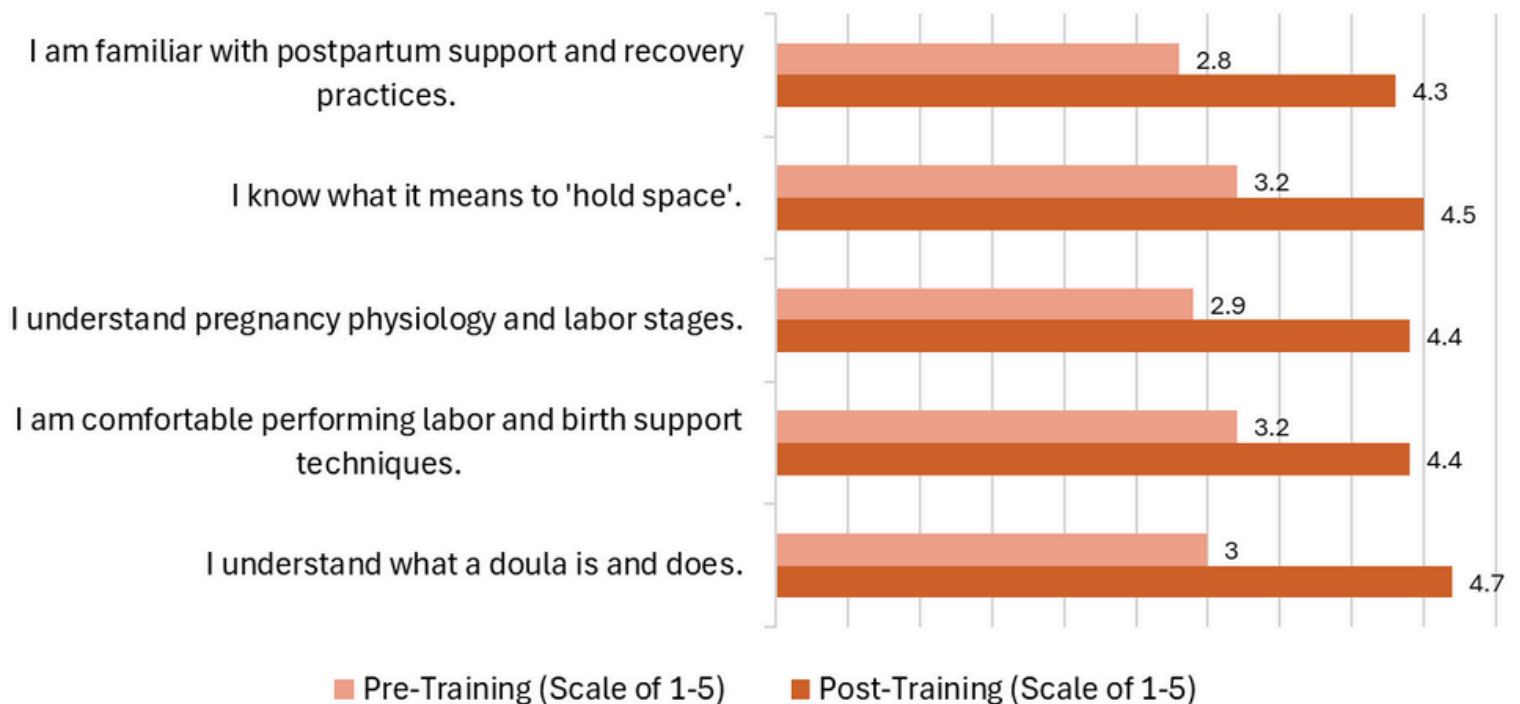
**45% of
participants
speak
Spanish**

**46% of
participants
live in
Arapahoe
County**

**95% of
participants are
BIPOC Women**

**100% of
participants
intend to serve
birthing families
in Arapahoe
County**

Doula Learning Pre- and Post-Training





Next Steps



Elephant Circle will support trainees to complete their birth attendance, gain their doula certifications, and enroll as Medicaid providers.



Mama Bird will provide one year of mentorship for up to 12 BIPOC doulas, including guided curriculum, 1-1 mentorship, group gatherings, and peer circles.



Families Forward Resource Center will provide one year of mentorship to four doulas, including practical experience, guidance, professional development opportunities, and client referrals.

Arapahoe County will evaluate program outcomes over the next year, provide guidance to any doulas who need support, and look for program expansion opportunities.



Thank You to Our Collaborators



Thank you to Sarah Lopez and Pia Long for helping our community heal as we learn so we can be the best possible doulas.

Thank you to Alliss Hardy, Birdie Johnson, Bree Simmons, Cortnie Watson, Crystal Muñoz, Glenda Caridad, Paulina Erices-Ocampo, Raven DePriest, and Susy Arreola, for your thoughtful participation, dedication to spreading the word, and unwavering support of families.



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