



2026 Theme: Just Breathe

Board of Health
January 2026

Our Focus

For the Department:

1. Delivering strong performance
2. Fostering employee stability
3. Prioritizing routine work

This will require:

1. Strategic planning
2. Efficient resource allocation
3. Innovative approaches

Leadership Agreements

Our Guiding Principles

- Provide quality public health services to the community
- Maintain a positive work environment
- Align activities to resources
- Track performance

Our Commitments to Staff

- Being transparent
- Encouraging bi-lateral communication
- Providing space to breathe

Decision making priorities

Statutorily mandated work

Core and foundational public health services

Community Health Improvement Plan

Efforts addressing high acuity of need

Work required by grant deliverables

Consider community and political will

Just Breathe

What does it look like in action?

- It doesn't mean slowing down
- It might mean saying 'no' to a new opportunity
- It does mean advocating for public health

Thank you

