

Shawn Davis, Chair Bebe Kleinman, Vice Chair Kristine Burrows Dr. Mark Levine Terrence Walker Michelle Weinraub Mark Mcmillan

Arapahoe County

Arapahoe County Board of Health Agenda

Wednesday, November 19, 2025

Arapahoe Board Room

3:00 PM

The public is welcome to attend the Board of Health meeting in the Arapahoe Room at 6954 S. Lima St. Centennial, CO 80112 or virtually on Teams using the following meeting information:

Meeting ID: 270 688 752 384 0

Passcode: qf3ir7EE

The Board of Health agenda and materials can be viewed online at https://arapahoe.legistar.com/Calendar.

- 1. CALL TO ORDER*
- 2. APPROVAL OF MINUTES*
 - 2.a October Meeting Minutes

October Board of Health Meeting Minutes

25-624

Attachments: BOH_Meeting Minutes_Oct2025

3. PUBLIC COMMENT*

Individuals are invited to speak to the Board of Health about any topic. To provide Public Comment, please contact the Board of Health Liaison (hbanks@arapahoegov.com) at least 30 minutes prior to the start of the respective board meeting. Speakers will be called in the order in which they signed up. Each person has a 3-minute time limit for comments, unless otherwise noted by the Chair. Individuals must state their name and address for the record prior to making remarks

- 4. BOARD OF HEALTH COMMENTS*
- 5. GENERAL BUSINESS ITEMS*
 - 5.a Approval of use of reserve funds for personnel expenses
- 6. STUDY SESSIONS*
 - 6.a CORE Metric Spotlight

CORE Metric Presentation - Sexual Health <u>25-625</u>

Attachments: BOH_CORE Presentation_Sexual Health_Nov2025

6.b Ambassador Update

Ambassador Update 25-652

Attachments: BOH Ambassador Update Nov2025

6.c Director's Report

November Director's Report 25-626

Attachments: BOH Directors Report Doula Training Nov2025

BOH Directors Report Nov2025

7. ANNOUNCEMENTS*

8. EXECUTIVE SESSION AND COUNTY ATTORNEY LEGAL MEETING

As required by law, specific agenda topics will be announced in open meeting prior to the commencement of the closed and confidential portion of this session. C.R.S. § 24-6-402(4)

9. ADMINISTRATIVE SESSION

9.a End of Year Review Process

10. ADJOURN

Arapahoe County is committed to making its public meetings accessible to persons with all abilities. Please contact the Board of Health Liaison (hbanks@arapahoegov.com) at least three (3) days prior to a meeting, should you require special accommodations

^{*}Items marked with an asterisk will be live streamed for public viewing.



Arapahoe County

5334 South Prince Street Littleton, CO 80120 303-795-4630 Relay Colorado 711

Board Summary Report

Arapahoe County

Arapahoe County Public Health - Lima Building 6964 S. Lima St. Centennial, CO 80112



Meeting Minute Summaries

Wednesday, October 15, 2025 3:00 PM

Arapahoe Board Room

Arapahoe County Board of Health

Shawn Davis, Chair Bebe Kleinman, Vice Chair Kristine Burrows Dr. Mark Levine Terrence Walker Michelle Weinraub Mark Mcmillan The public is welcome to attend the Board of Health meeting in the Arapahoe Room at 6954 S. Lima St. Centennial, CO 80112 or virtually on Teams using the following meeting information:

Meeting ID: 270 688 752 384 0 Passcode: qf3ir7EE

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1. CALL TO ORDER

Present Bebe Kleinman, Shawn Davis, Kristine Burrows, Terrence Walker, Michelle

Weinraub, Mark Mcmillan, and Mark Levine

2. APPROVAL OF MINUTES

Attachments: September Meeting Minutes

A motion was made by Davis, seconded by Levine, that the September Minutes be approved.

The motion passed by the following vote:

Aye: Kleinman, Davis, Burrows, Walker, Weinraub, Mcmillan, and Levine

3. PUBLIC COMMENT

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- 4. **BOARD OF HEALTH COMMENTS**
- 5. GENERAL BUSINESS ITEMS
- 6. STUDY SESSIONS

Environmental Health Fees Primer and Discussion

Attachments: Environmental Health Fees Presentation

CORE Metric Presentation

Attachments: Harm Reduction CORE measure presentation

Directors Report

Attachments: Board of Health Directors Report

Administrative Items Discussion

7. EXECUTIVE SESSION AND COUNTY ATTORNEY LEGAL MEETING

A motion was made by Davis, seconded by Kleinman, that the Board of Health go into executive session pursuant to C.R.S. 24-6-402(4)(f) to of the Colorado Revised Statutes to discuss personnel matters concerning the federal government shutdown and its impact on staff funding. The motion was carried by the following vote:

Aye: Kleinman, Davis, Burrows, Walker, Weinraub, Mcmillan, and Levine

8. ADJOURN

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Board Summary Report

File #: 25-625 Agenda Date: 11/19/2025 Agenda #:





Story Time!

- >60% of our patients have Limited English Proficiency and were born in another country
- Family Planning Limited Benefit, Cover all Coloradoans and Emergency Medicaid cover almost all services offered in our clinics, regardless of residency
- Almost all patients qualify, but barriers still exist and uptake is low.

A 17 year old patient who arrived in Aurora from Venezuela earlier this year comes to our clinic for a pregnancy test. She learns that she is pregnant and is eligible for Cover all Coloradoans. She delivers her baby when she is 18 and receives Emergency Medicaid with Family Planning Limited Benefits. She comes back to our clinic and chooses to get an IUD so she can delay another pregnancy until she is ready. At the same visit, she also has a cervical cancer screening and gets STI and HIV testing. We provide this care for free and are able to bill Medicaid and be reimbursed for these services instead of using grant or county funds!



Metric Overview

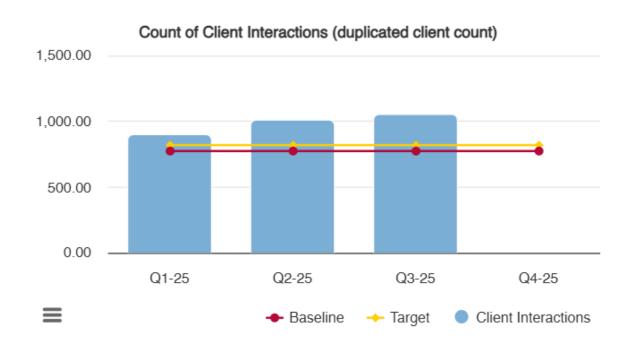
Optimize: Client Interactions in Sexual Health (duplicated)

- This metric demonstrates:
 - Quantity of services offered in clinic and the community
 - How well our staff are utilized in their various roles
- We are exceeding our goal!

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- · Better visibility and word of mouth
- More and more services being offered!



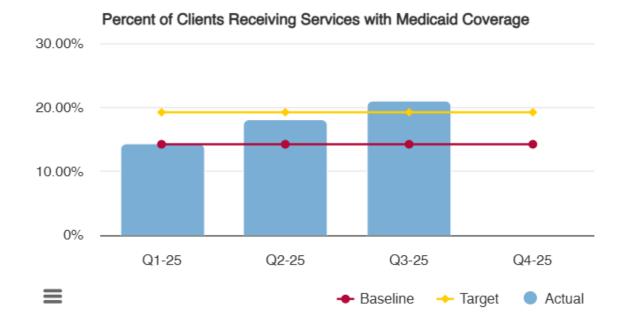




Metric Overview

Optimize: Percent of clients who had Medicaid coverage on date of service

- This metric demonstrates:
 - The status of healthcare access in the community we serve
 - How effectively we are billing
 - Opportunities to increase revenue and improve financial sustainability
- We are exceeding our goal!





Learning Opportunities

Challenges

• There is increasing uncertainty about the future of Medicaid, and mistrust of government programs.

Actions Taken

- Continuing to educate patients and provide support
- Improving Medicaid verification process to maximize billing
- Started back billing project to bill patients who were not eligible on date of service

Data Insight

- Increased numbers reflect improved billing practices, not more community access
- 21% surpasses our goal, but still means that 79% of people who are eligible for Medicaid are not accessing this benefit

Path Forward

Wins

 Our patient volume is increasing and we are serving more and more people in the community with more and more services!

Opportunities

- Continue to advocate for expanded Medicaid access
- Continue to examine and improve billing processes
- Continue to educate, support and provide resources to our patients





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Board Summary Report





AMBASSADORS PROGRAM GUIDE

Staff Training & Development



Content

- Purpose
- Process and supports
- Applying our learning
- Input and observations
- What's next

ACPH Ambassadors Program Goal



Together, ACPH staff will further increase our ability to listen deeply, build trust, and partner with others to amplify the strengths and assets of Arapahoe County.



We are Ambassadors through:

Outreach

Relationship-building

Customer service



Additional Aims

Identify relevant trainings more efficiently and effectively

Inspire new ideas and improvements

Meet
accreditation
workforce
development
requirements

...for little or no cost

Strategies

Prioritize culture of listening and learning

Build access to resources and systems

Curate training options from trusted sources

Support sharing and reinforcement

Ensure accountability



2023

ACPH opens, with focus on building community connections

Ambassadors Program created to support that effort

Staff begin training selection, completion

Proof of concept (Pre/post self-assessments; pulse survey)

Public Health in the Rockies Conference showcase

2024 and 2025

Guide, trainings, and tools updated annually

Reinforced in affinity groups, town halls, annual reviews and performance planning

Key concepts tracked via staff pulse survey

TIMELINE



Public Health Foundation



Based on Core Competencies for Public Health Professionals

Years 1-3: Target Domains

- 1. Data Analytics and Assessment Skills
- 2. Policy Development and Program Planning Skills
- 3. Communication Skills
- 4. Health Equity Skills
- 5. Community Partnership Skills
 - 6. Public Health Sciences Skills
 - 7. Management and Finance Skills
 - 8. Leadership and Systems Thinking Skills

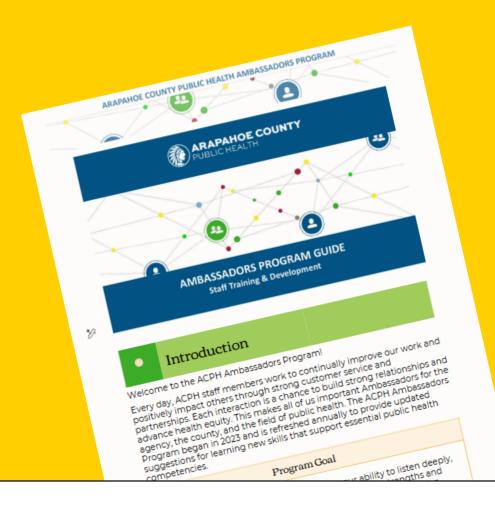
Instructions for ACPH Staff

- ✓ Review list of Ambassadors trainings or play the Wild Card to identify your own!
- ✓ Identify 1-4 trainings to complete. 1 is the minimum, 4 is preferred

(1 per competency)

- ✓ Discuss training(s) with supervisor
- ✓ Add under Goal 1 of annual performance plan
- ✓ Engage in the training, try out new skills, make note of how you've used them to enhance your work!

Program Resources



- Ambassadors Program Guide
- Ambassadors Program IM Channel
- Goal-Setting and Action Planning Template
- Core Competencies for Public Health Professionals
- Ambassadors Program Target Competencies
- Idea-to-Implementation Sheet
- Ratings and Reflections Sheet
- Facilitated affinity groups
- Event request system



Applying
Our Learnings:
Examples





INPUT AND OBSERVATIONS

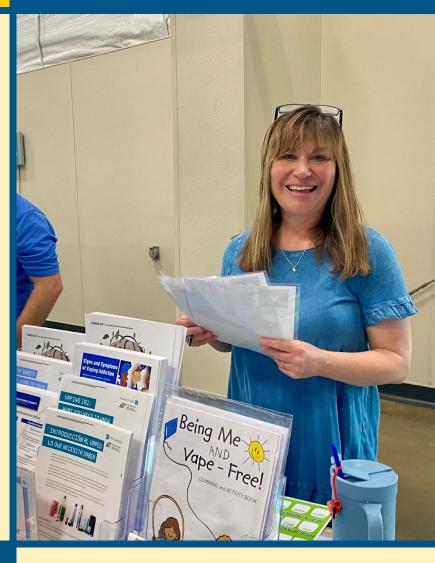


Pulse Survey Input

65% agreed: My efforts related to communication, health equity, or partnerships have become more effective since working at ACPH.

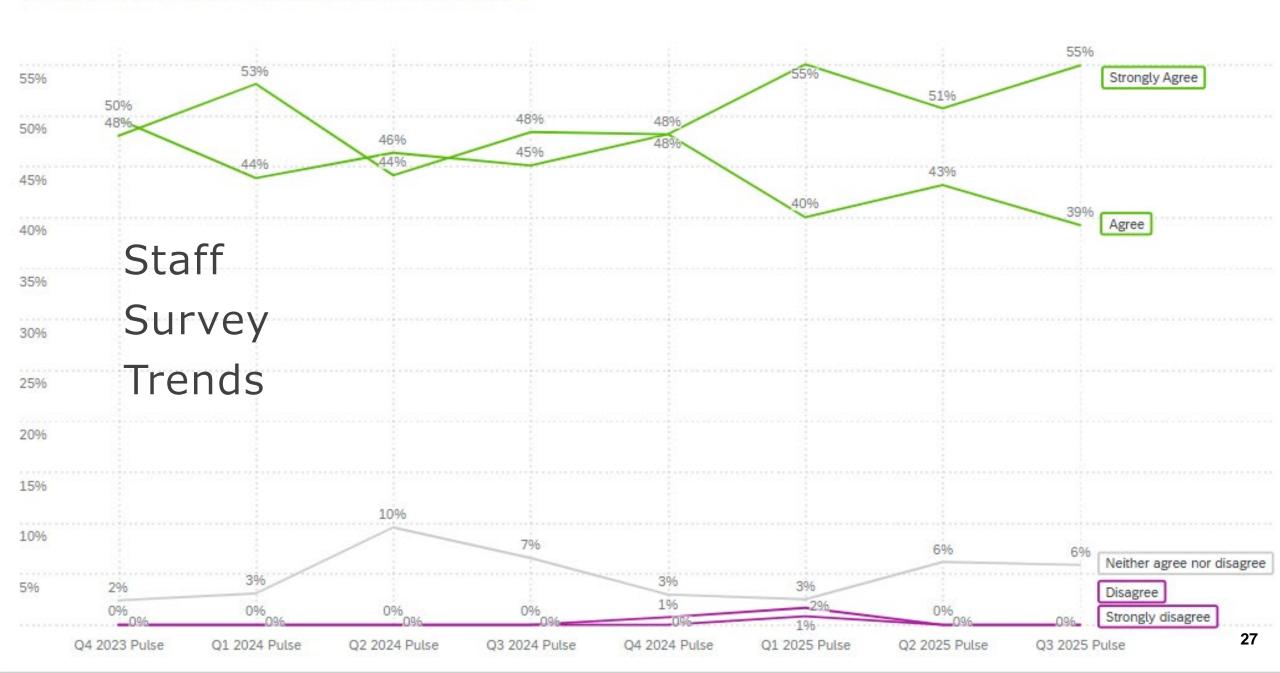
72% agreed: I feel supported by ACPH in being an ambassador for our agency.

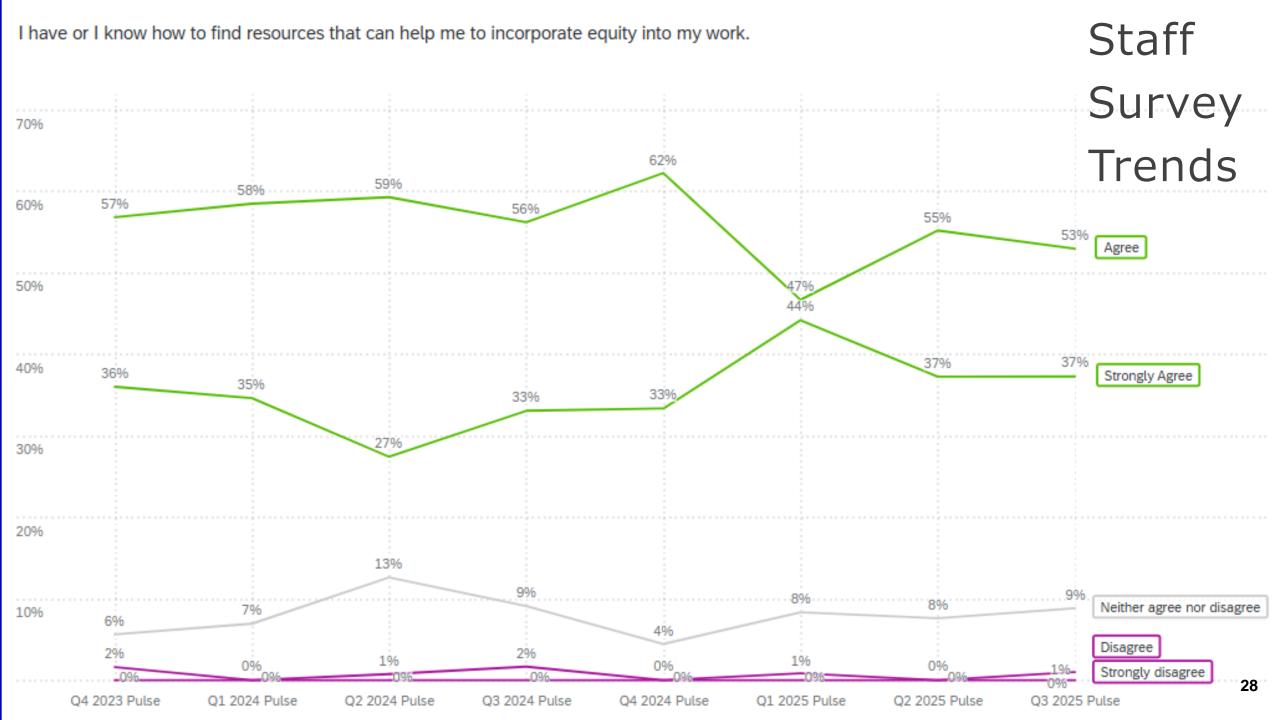
84% agreed: It is important that my employer prioritizes and actively supports this aspect of my work.

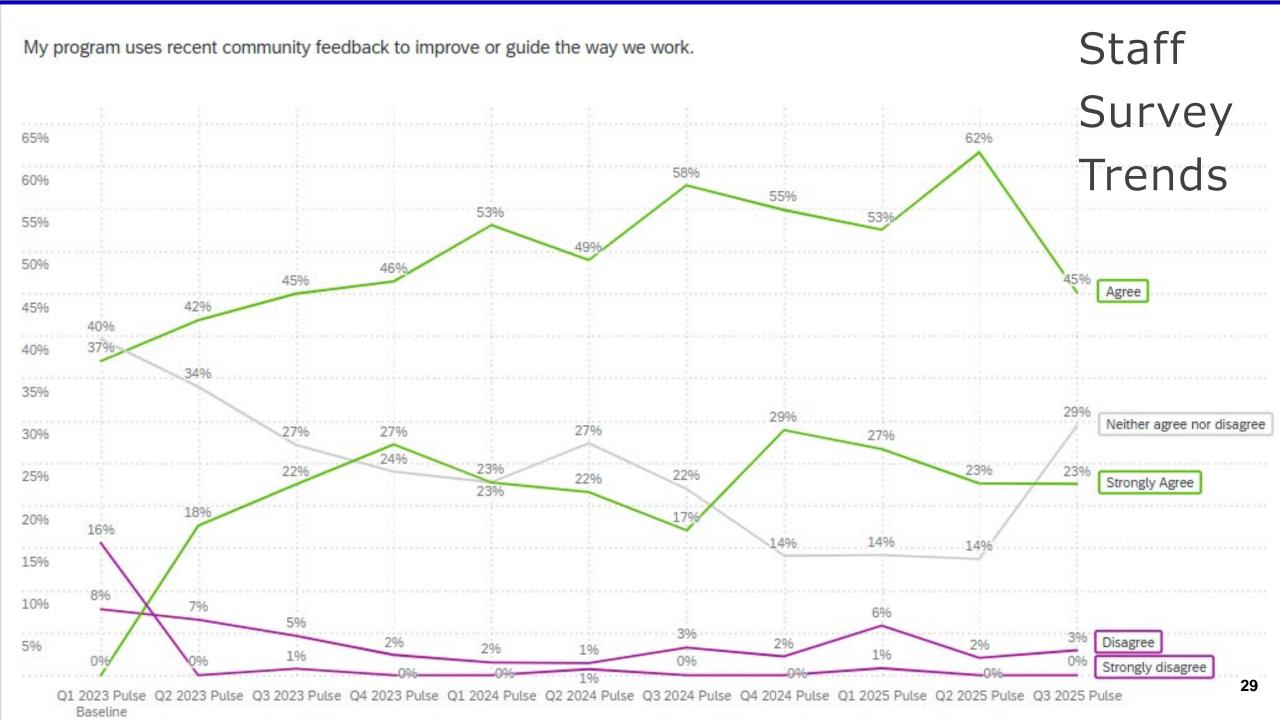




I know how equity applies to my role and/or the work that I do.







Reflections

- On the right track
- Community and partner appreciation
- Increased connections across the county
- Competing business needs
- Intentional & scaffolded beats scattershot
- Modest self-reported competency gains
- Increased accreditation readiness
- Low budgetary impact



What's Next?

Add new competencies annually, aligned with agency need.

On deck for 2026:

Quality Improvement (Domains 2, 7)



THANK YOU

Grace Soulen Brooke Wagenseller Heather Baumgartner





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Board Summary Report

File #: 25-626 Agenda Date: 11/19/2025 Agenda #:



Community-Based Doula Workforce Development Program



community organizations came together

To nominate



new doulas

Who dedicated



days to learn and grow

So they can support

more of the







birthing families in Arapahoe County



of whom are covered by Medicaid

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under the Colorado Maternal and Child Health Block Grant (1 B04MC45202). This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.



New Doula Reflections

This training opened up my
eyes to how important it is to
show up to support and
empower people and educate
them so they can take an active
role in the choices during their
birth.

I felt so empowered and in the right place in my life; at the same time, I felt I was continuing my parents' practices, based on ancestral wisdom. It was meaningful to me because it opened my eyes to birth in a better light... all births don't have to be traumatic.

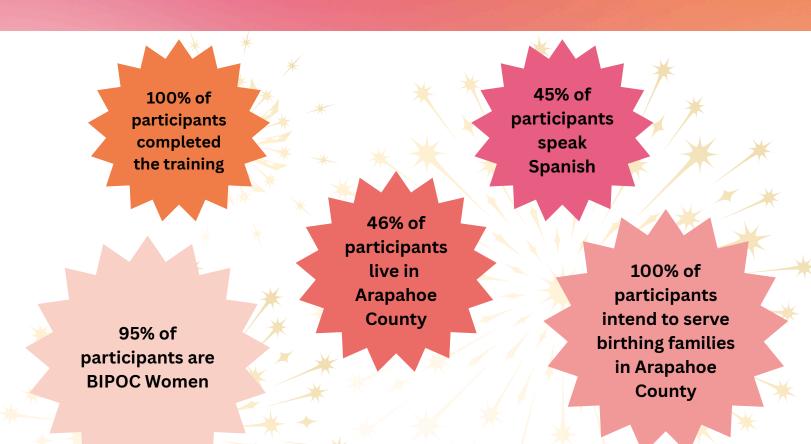
This was meaningful in its bilingual and diversity component. I've never been in a space in the US that was so diverse with women from all over the Americas.

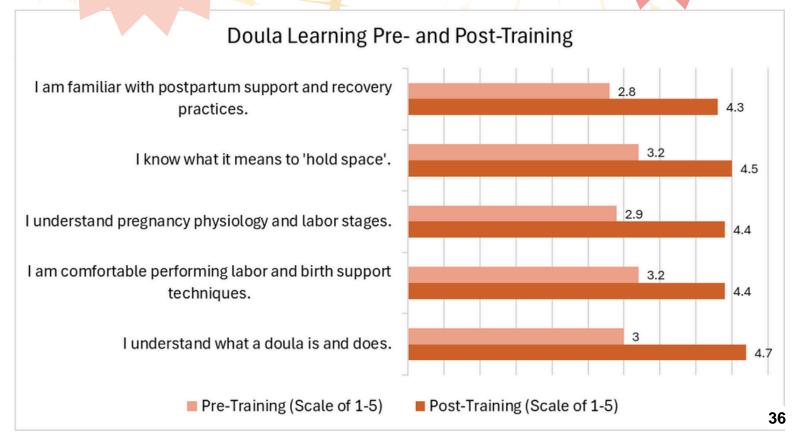
I actually wish we had more classes to go to. This means so much! During my pregnancies and after giving birth I was always alone. I now understand how good it is to have someone by your side! To have a support system and someone to turn to!





By the Numbers







Next Steps



Elephant Circle will support trainees to complete their birth attendance, gain their doula certifications, and enroll as Medicaid providers.



Mama Bird will provide one year of mentorship for up to 12 BIPOC doulas, including guided curriculum, 1-1 mentorship, group gatherings, and peer circles.



Families Forward Resource Center will provide one year of mentorship to four doulas, including practical experience, guidance, professional development opportunities, and client referrals.



Arapahoe County will evaluate program outcomes over the next year, provide guidance to any doulas who need support, and look for program expansion opportunities.



Thank You to Our Collaborators



Thank you to Sarah Lopez and Pia Long for helping our community heal as we learn so we can be the best possible doulas.

Thank you to Alliss Hardy, Birdie Johnson, Bree Simmons, Cortnie Watson, Crystal Muñoz, Glenda Caridad, Paulina Erices-Ocampo, Raven DePriest, and Susy Arreola, for your thoughtful participation, dedication to spreading the word, and unwavering support of families.















Thank you to Ayde Cline and Fabiola Sandoval with the Community Language Cooperative for interpreting with your minds and hearts to make this bilingual training possible. Thank you to ACO House for hosting us in your beautiful space.

Public Health Director's Report Prepared by: Jennifer Ludwig Date Prepared: November 5, 2025

Dates Covered: October 15, 2025-November 12, 2025

Mission Moments

Uplifting Food Assistance Agencies

In response to the lapse in SNAP benefits, Arapahoe County partnered with trusted community organizations to increase food availability countywide. Emergency donations are being directed to organizations including Integrated Family Community Services, Village Exchange Center, Nourish Meals on Wheels, SECOR Cares, the Salvation Army, and several school-based food pantries. These partnerships will help ensure that no neighbor goes without a meal during this difficult time.

Aurora Regional Navigation Campus

https://denverite.com/2025/11/06/aurora-connection-center-homeless-shelter/

The Aurora Regional Navigation Campus held its Ribbon Cutting event on November 6, an Open House on November 12, and will open its doors on November 17. The Campus is a 600-bed refurbished Crowne Plaza Hotel at Chambers Road and 40th Avenue that will provide day shelter, overnight shelter in three tiers, case management, and resource navigation. The project was funded in part by Arapahoe, Adams, and Douglas counties and serves adults only. Arapahoe County Public Health will provide Vital Records onsite two times per month. We are excited to be a part of this effort to lead people to self-sufficiency.

A. Equity and Engagement

Upcoming Events and Opportunities

<u>Upcoming events</u>: Arapahoe County Warrant Forgiveness Day November 22, Arapahoe County Visit the Village December 13, Iron Sharp Foundation Lavished with Love December 6.

Please reach out to <u>Grace Soulen</u> or visit our <u>Community Engagement Event Request Form</u> to suggest upcoming outreach opportunities. This initiative aligns with the Community Health Improvement Plan (CHIP) cross-cutting objective to advance community engagement.

B. Program Updates

Partnerships, Planning and Community Health Promotion

1) Hungry For Change Forum

About 1 in 8 Coloradans experience food insecurity, with more than 72,000 residents affected in Arapahoe County. The <u>Arapahoe Food Security Coalition</u>, a network of 60+ organizations across Englewood, Littleton, and Sheridan with leadership from ACPH's Leslie Levine, hosted a free forum Nov. 6 at South Fellowship Church in Littleton to discuss challenges and solutions. Speakers included Arapahoe County Commissioner Carrie Warren-Gully and representatives from area schools, Integrated Family Community Services, and Nourish Meals on Wheels. Local



residents and representatives of community-based organizations, hospitals, local government, faith communities, schools and more joined the event to learn about who is suffering from a lack of healthy food options, the coalition's vision and how more funding can fulfill its strategic goals, as well as volunteer opportunities to support these efforts. This initiative aligns with the Community Health Improvement Plan (CHIP) priority to increase access to healthy, affordable foods.

2) ACPH's Tobacco Prevention and Control Team took the lead on updating existing tobacco free schools signage for use across the state. In partnership with Arapahoe County Communications and CDPHE, the team finalized inclusion of the no marijuana symbol in alignment with state statute. All Colorado local public health agencies now can use this updated, bilingual artwork as they collaborate with local education leaders and operations teams to ensure clear, accessible guidance on complying with tobacco free state law on school grounds.



Nutrition Division

WIC Clinics are Open in November!
 Update from Colorado WIC (COWIC) on November 4, 2025:

COWIC was granted spending authority by the State of Colorado through a decision by the Joint Budget Committee to approve the Governor's supplemental request on October 30, 2025. The funding can be used to provide food benefits to participants and cover local agency contracts through November 30, 2025. Any federal funds received will continue to be used to repay the state for any funds used through this temporary spending authority.

Recently there have been headlines about the transfer of an additional \$450M of emergency funding to the USDA to fund WIC nationally into November. Colorado's portion is approximately \$2M NSA (Admin)

and \$6.5M Food. This supplemental funding will cover food benefits and local agency contracts through November 30, 2025.

- 2) By the Numbers in September
 - a. 12,394 WIC clients enrolled highest since opening doors at ACPH!
 - b. 4,957 calls handled through the WIC call centers highest volume this year
 - c. 4,904 WIC appointments completed
 - d. 920 contacts by our Breastfeeding Peer Counselors to pregnant and breastfeeding mothers
 - e. \$914,601.76 spent at WIC authorized grocery stores

Community Health Nursing Division

- 1) Nursing Operations
 - a. Makena Slater, Clinical Nurse Informaticist, graduated from the 2025 Littleton Leadership Academy on Friday, October 17. The ceremony featured Arapahoe County Commissioner Carry Warren-Gully as a keynote speaker, and along with approximately 40 other members of her graduating class, Makena was honored for her achievements and recognized as a







future leader of the Littleton community. The Academy is a 10-month leadership development program hosted in the city of Littleton at Arapahoe Community College. Participants meet once a month for a full day and explore topics like city governance, land use, infrastructure, non-profit sector, health & wellness, and art & culture.

2) Maternal and Child Health Program

- a. The Regional Health Connector (RHC) program has been awarded grant funding to support the Career Paths into Healthcare Program (CPHP). CPHP is a five-year initiative led by the University of Colorado School of Medicine Department of Family Medicine to strengthen Colorado's healthcare workforce, not just providers, but the full range of roles that make clinics, hospitals, and community health programs work. The RHC will be serving as the CPHP liaison with community partners and supporting engagement of participating organizations. This initiative aligns with the ACPH Community Health Improvement Plan (CHIP) goal of increasing economic security and mobility by improving access to affordable physical and behavioral care.
- b. ACPH is partnering with the Metro Denver hospitals and other local public health agencies on a shared messaging campaign for firearm injury prevention. The launch of the campaign will be on November 18, for National Injury Prevention Month. The focus of the messaging will be on keeping families and youth safe and safe storage. ACPH communications team is

- currently working on a social media campaign as well as a webpage for firearm injury prevention. This initiative aligns with the Community Health Improvement Plan (CHIP) objective to increase access to community safety.
- c. Maternal and Child Health (MCH) staff partnered with Denver Health and Elephant Circle to host a bilingual "Medicaid and Mingle" informational and networking event for community-based doulas. Over 30 doulas attended, along with representatives from HCPF and Colorado Access. Doulas gained a clearer understanding of the Medicaid enrollment process and available support resources. Colorado Access gained valuable insight into barriers doulas face when enrolling. MCH staff also identified communication challenges between systems and doulas and plan to continue facilitating clearer communication and translation between these groups. This initiative aligns with the ACPH Community Health Improvement Plan (CHIP) goal of increasing economic security and mobility by improving access to affordable physical and behavioral care.
 - *Please see the Doula Workforce Development Program flyer attached in subsequent document
- d. MCH and RHC staff launched an internal Social Determinants of Health resource-finder database using Airtable to improve access to community resources and referral coordination. ACPH staff from across multiple teams were trained as 'vetters' and have collectively reviewed 170 organizations across Arapahoe County, covering areas such as healthcare, housing, mental health, financial assistance, and parenting support. We continue to enhance and promote the "Collaborative Resource Hub," which allows staff to share referral advice, brochures, and curated resources. Ongoing, interactive trainings support staff adoption and effective use of both tools. This initiative aligns across all areas of the ACPH Community Health Improvement Plan (CHIP).

3) Immunizations

- a. The Immunization Program saw the largest volume of clients for the calendar year so far in October 482 and administered 1344 vaccines.
- COVID vaccine is now available nation-wide for all populations 6 months and older, regardless of insurance status after a delay for Vaccine for Children Program eligible individuals – children on Medicaid or who are uninsured.
- c. More than 100 people in the Arapahoe County Detention Center received flu vaccine and other needed immunizations.
- d. Annual respiratory virus vaccines were provided through home visits to homebound county residents.

4) Sexual Health

- a. Sexual Health received communication from the CDPHE lab that some STI test results from the last 5 years may have been inaccurate. We are in the process of reaching out to the 9 affected patients and scheduling them for retesting, if possible.
- b. Sexual Health RNs are working with peer navigators from the Wellness, Opportunity and Resilience through Health (WORTH) program at CU Anschutz to provide linkage to health care to people newly released from the Arapahoe County Detention center. WORTH staff will work with community members to ensure they are able to complete their STI treatment, access prenatal care, and manage chronic health conditions.
- c. October is Breast Cancer Awareness month and to acknowledge this Kara Lenhoff, RN and Kristen Ball, NP presented an education session on breast and cervical cancer screening and prevention to residents of an Aurora Housing Authority property on 10/29/2025.

d. Carrie Knowlton, Nurse Manager, was accepted as a member of the National Association of City and County Health Officials (NACCHO) HIV, STI and Viral Hepatitis workgroup. She will be participating in discussions to shape NACCHO's strategy and initiatives to address these syndemic issues.

5) Harm Reduction

- a. Harm Reduction leadership met with law enforcement and mental health co-responders from Littleton, Englewood and Aurora to provide education about Harm Reduction services and discuss how to better collaborate. The team has been invited to continue the conversation and present to AllHealth co-responders in Englewood and Littleton in January 2026.
- b. Harm Reduction is working with a Regis University Nursing student to plan brief educational modules to deliver to clients, with a goal of delivering short, powerful messages to every client who accesses services. Planned modules include substance use treatment and recovery, HIV/STI/Hep C, First aid and infection prevention, and overdose prevention. Planned kickoff is January, 2026.
- c. Elicia Chacon, Harm reduction supervisor, spoke on a panel at the Colorado Opioid Abatement Council (COAC) conference. She shared program successes as a COAC grantee.
- d. Increased funding from the Region 9 Opioid Abatement Council was received.
- e. The team will be doing joint outreach with the City of Aurora Homeless Services team. Kiera Davis, Sexual health RN, will also be presenting to the team on distribution of first aid supplies and appropriate education on infection prevention.
- f. Raquel Isaac and Arnette Lim have completed their Community Health Worker training and will be taking the certification exam in November.

6) Nurse-Family Partnership

a. On October 22, 2025, the ACPH Nurse-Family Partnership (NFP) hosted a client gathering at The Urban Farm, Denver. The Urban Farm is a community farm and educational center that is focused on hands-on agricultural learning for youth. The program had 21 families attend the event, many with extended family members like grandparents. The farm hosted three farm tours, one solely in Spanish. NFP children and family members were able to learn about all the farm animals while being able to have hands on experiences with animals like goats, cows, chickens, and bunnies. Who knew goats expel heat from their horns-we all learned something. At the end of the event, NFP children took home a bilingual touch and feel farm book and a pumpkin after visiting the NFP photo booth. Events like this help enhance our clients' ability to provide a variety of learning experiences for their children while being in community with other NFP families to reduce isolation. Many new toddler friends were made.











Health Protection and Response Division (*Environmental Health, Communicable Disease Epidemiology and Emergency Preparedness and Response Programs*)

- 1. Environmental Health (EH) Programs
 - a. Early Childhood and Schools:
 - i. The EH Early Childhood and Schools program continues to strengthen partnerships with local and state agencies to support safe, compliant learning environments through a collaborative, solutions-oriented approach. This includes working in coordination with fire departments, the Colorado Department of Early Childhood, Institute for Racial Equality & Excellence (IREE) licensing staff, and other key partners to ensure facilities meet fire, building and sanitation standards. ACPH is also partnering with the Aurora Public Schools After School Contract team on new inhouse before- and after-school programming and will co-host a Health and Sanitation Regulations webinar with IREE on November 12, 2025, to promote consistent understanding of requirements across childcare and school-based programs.
 - b. Solid and Hazardous Waste:

i. EH staff attended the ribbon-cutting ceremony for Waste Management (WM) of Colorado's new Denver South Transfer Station. This new 71,000-square-foot facility, located on a 5.7-acre site at 2400 W. Union Ave. in Englewood, replaces a building that was destroyed by fire in 2022. WM invested more than \$25 million in the project to revitalize and modernize the site. The new facility will better meet the waste removal and recycling service needs of Englewood, Centennial, Denver, Aurora, and surrounding communities. The facility also plays an important role in reducing truck traffic on local roads by consolidating waste, which improves operational efficiency and helps minimize environmental impacts through lower fuel consumption and emissions. Waste collected at the transfer station is transported to the Denver Arapahoe Disposal Site (DADS) landfill. WM has served Colorado communities for more than 62 years and employs more than 2,300 people across 40 facilities statewide.

c. General Environmental Health

i. Colorado Directors of Environmental Health (CDEH) is a professional association comprised primarily of directors and managers of Environmental Health Programs from local public health departments across Colorado. In collaboration with CDPHE staff, CDEH meets quarterly to provide a platform for EH professionals to share knowledge, develop policy, improve practices, and network. 2026 Executive Committee leadership includes President Claire Lewandowski from Eagle County, Secretary Mark McMillan of Denver County and Treasurer Dylan Garrison of Arapahoe County.

2. Emergency Preparedness and Response (EPR) Program

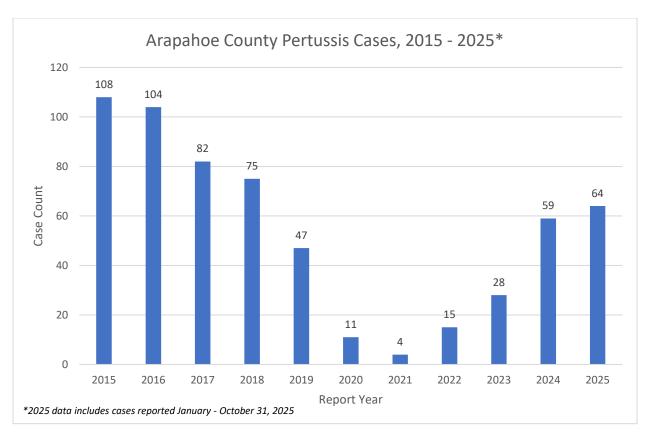
- a. This month, the North Central All-Hazards Region hosted a three-day Bioterrorism Exercise utilizing an anthrax scenario that would heavily impact the public health and medical infrastructure within the metro area. ACPH and the County's Office of Emergency Management (OEM) partnered closely during this three-day exercise to simulate how the county would respond to this type of incident. As part of this effort, the ACPH Public Health Incident Response and Support Team (PHIRTS) participated in a discussion-based exercise with OEM, the Sheriff's Department Public Information Officers, and the County Communications Team. This portion of the exercise outlined roles and responsibilities, formalized ongoing information sharing processes, and explored operational coordination. Also, as part of the three-day exercise, the CDE staff practiced case investigation for a noncommunicable disease incident, strengthening their capabilities for any type of public health response. The EPR staff facilitated a PHIRST situation briefing, led a county wide ESF #8 coordination call for hospitals, behavioral health, FQHCs, and the Coroner's Office, and participated in a cross-jurisdictional briefing with the state health department and LPHA counterparts throughout the region. These ongoing opportunities to practice information sharing and coordination continue to strengthen relationships throughout the response community and increase our capability to respond to all incidents impacting Arapahoe County and the surrounding metro area.
- b. In October, ACPH hosted the second cross-jurisdictional workshop with LPHA partners from fourteen counties along the Front Range. Building on the measles scenario from the April 2025 workshop, CDE, Nursing, and EPR staff shared lessons learned, planning efforts, training materials, and safety considerations to increase the testing capacity for measles within and across Front Range LPHAs. Staff from the CDPHE Lab were also present to provide

clarification on sample collection and packaging requirements, how best to access just-intime guidance during incidents, and how to access supplies from the lab when testing is needed. Like the first workshop, this workshop provided the opportunity to ask questions, share expertise and resources, and strengthen relationships. Participants requested and the group will engage in ongoing in-person workshops twice a year.

3. Communicable Disease Epidemiology (CDE) Report

i. *Pertussis:* Pertussis (Whooping Cough) is caused by the bacterium Bordetella pertussis which causes respiratory illness. Pertussis is transmitted person-to-person via the respiratory route through large aerosolized respiratory droplets or direct contact with secretions from the respiratory tract. Pertussis causes a long illness lasting approximately 6 weeks but can last up to 3 months. Pertussis is characterized into three distinct stages of illness (catarrhal stage, paroxysmal stage, and convalescent stage) with progressively worsening symptoms. Symptoms of pertussis include an onset of nasal congestion, runny nose, sore throat, mild dry cough which develops into coughing fits, high-pitched inspiratory whoop, vomiting, and apnea.

Cases of pertussis in Colorado decreased from 2020 – 2022, averaging 126 cases each year statewide. However, there has been a statewide increase since fall 2023. CDPHE is expecting that statewide pertussis cases are returning to pre-pandemic levels. Cases in Arapahoe County are following a similar trend where cases were declining until 2022, with the lowest number of cases reported in 2021 (see figure below). There have been 64 cases reported so far in 2025 compared to 59 cases reported for all of 2024. In addition, outbreaks of pertussis are also increasing statewide. Arapahoe County has had one confirmed pertussis outbreak in a school reported so far in 2025. ACPH continues to recommend the pertussis vaccination series as the most effective method to prevent serious infection. The CDE Program conducts in-depth case investigations with pertussis cases to determine sources of infection, monitor illness, identify public events the individual may have attended while infectious, and recommend post-exposure prophylaxis antibiotics to close contacts to prevent infection. In addition, the CDE Program collaborates with schools, childcares, and other organizations to provide education, notification letters, monitor illness trends, and guidance on disease control measures to reduce the spread of illness during outbreaks.



ii. *Norovirus:* Norovirus is a very contagious virus that causes vomiting and diarrhea. It is sometimes referred to the "stomach flu" or the "stomach bug". However, norovirus illness is not related to the flu. It is possible to get norovirus many times in your life because there are many different types of noroviruses and infection with one type may not protect you against other types. Norovirus symptoms typically include diarrhea, vomiting, nausea, stomach pain, fever, headache, and body aches. Symptoms usually develop 12 to 48 hours after being exposed to norovirus. Norovirus is a very difficult virus to destroy and can live on surfaces in the environment for several weeks. Norovirus can spread by having direct contact with someone with norovirus, like caring for them, sharing food or eating utensils, or eating food prepared by someone with norovirus, eating food or drinking liquids that are contaminated with norovirus, and touching contaminated objects or surfaces and then not washing your hands properly.

Public health recommends the following to prevent norovirus illness:

- 1. Wash your hands with warm, soapy water often
- 2. Hand sanitizer is not effective against norovirus
- 3. Cook shellfish thoroughly and wash fruits and vegetables
- 4. Clean and disinfect contaminated surfaces with <u>EPA-approved products effective</u> against norovirus
- 5. Wash laundry in hot water
- 6. Stay home for a full 48 hours after vomiting and diarrhea has stopped

In the United States, reports of norovirus generally increase from November to April with peak season usually between January and March. While a single case of norovirus is not a reportable

condition in Colorado, norovirus outbreaks are reportable and make up a considerable portion of all outbreaks reported each year. There were 51 norovirus outbreaks in Arapahoe County in 2024. Thirty-four (34) norovirus outbreaks have been reported in Arapahoe County so far in 2025. The CDE Program works closely with facilities reporting a norovirus outbreak to ensure proper cleaning and disinfectant products are being used, provide education on norovirus and proper vomit and diarrhea cleanup, monitor for trends in illness, and provide notification letters to families, residents, and staff to prevent further illness spread.

ii. Hand, Foot and Mouth Disease: Outbreaks of Hand, Foot, and Mouth Disease (HFMD) have continued to increase in Colorado and Arapahoe County in both schools and childcare centers. While HFMD is usually most common in younger children, Arapahoe County is monitoring an increasing trend of illness reported among older students in middle and high schools. Fourteen confirmed and 6 suspect outbreaks have been reported in Arapahoe County since mid-July 2025. The CDE Program works closely with impacted facilities to identify and monitor outbreaks of HFMD. CDE provides disease control recommendations to reduce the spread of illness, parent notification letters, education, and monitors trends to help stop transmission.