



# 2022 Arapahoe County Community Development Block Grant (CDBG) & HOME Investment Partnership (HOME) Projects

## Summary of Recommended Projects for 2022

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This report contains a summary of the recommended projects for use of 2022 Arapahoe County and City of Centennial Community Development Block Grant (CDBG) funds, as well as recommended projects for use of 2022 HOME funds. Each project includes a brief background, project description, funding request, funding recommendation, projected number of persons served, community priority level, project budget, funding sources, national objective, and national outcome.

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## ARAPAHOE COUNTY HOUSING & COMMUNITY DEVELOPMENT DIVISION CDBG & HOME PROGRAM ADMINISTRATION

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**Background:** Arapahoe County Housing & Community Development Division is permitted by HUD program regulations to allocate up to 20% of the CDBG award and up to 10% of the HOME award on eligible program administration costs. The current agreement and contract with the City of Centennial to administer the City of Centennial CDBG entitlement funds allows the County to allocate up to 18% of the Centennial CDBG award on eligible program administration costs.

**Project Description:** Arapahoe County Housing & Community Development Services (HCDS) staff will allocate 20% of Arapahoe County CDBG funds, 18% of City of Centennial CDBG funds, and 10% of Arapahoe County HOME funds for eligible program administration costs from the 2020 HUD Entitlement Award. Administration funds include eligible expenses consistent with program regulations. The actual amounts will be determined once the 2022 entitlement awards are announced. In order to provide estimates on the amount of funds allocated to administration costs, level funding from 2020 to 2022 is used as a base projection. Any increase or decrease to the actual CDBG and HOME entitlement award will be reflected accordingly based on the aforementioned percentages.

### **Projected Amounts:**

**Arapahoe County CDBG Administration** \$228,087 (20% of County Entitlement)

**Arapahoe County-City of Centennial CDBG Administration:** \$64,260 (18% of City Entitlement)

**Arapahoe County HOME Administration** \$74,249 (10% of Entitlement)

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## CITY OF ENGLEWOOD

### ENERGY EFFICIENT ENGLEWOOD (E3)

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**Background:** The City of Englewood receives a \$135,000 set-aside in CDBG funds annually, as established by County Policy, of which \$20,250 can be allocated to a Public Service project; Public Service projects are capped at 15% of the annual grant award. For 2022, the City of Englewood has requested \$150,000 be awarded to the Energy Efficient Englewood (E3) program and \$20,000 to be allocated towards Family Tree, House of Hope staff costs. The City of Englewood Energy Efficient Englewood (E3) program has been supported with CDBG funds for many years and is currently using a 2020 and 2021 grant to provide grants to income-qualified homeowners for energy efficiency improvements.

**Project Description:** Energy Efficient Englewood (E3) is designed to improve energy efficiency by providing grants of up to \$8,000 to low and moderate income homeowners. The grants focus on work items that qualify for federal tax credits or other state and local rebate programs, such as: Energy Star appliances, water heaters, furnaces/boilers, windows, insulation, roofing, siding, and refrigerators. The grant requires a 20% match from the homeowner, or secured with a declining deed of trust on the property that is to be forgiven over a five-year period. The entire city is designated as the target area, and eligible applicants must be at or below 80% of the area median income. The 2022 request/application will utilize CDBG funds in the same manner as previous years, awarding grants to income-qualified homeowners within city limits. The project is anticipated to serve roughly 10-15 homeowners during the course of the grant year, which will provide needed homeowner improvements and preserve the affordable housing stock in the city of Englewood and Arapahoe County.

**Amount Requested:** \$150,000 (76% of Project Budget)

**Amount Recommended:** \$114,750 City of Englewood Set-Aside

**Number of Persons Served (County):** 14

**Priority Need:** High – Direct Homeownership Assistance - Rehab

**Project Budget:** \$197,702

**Funding Sources:** CDBG and Organizational Funding

**National Objective Category:** Provide Decent Affordable Housing

**National Outcome Category:** Affordability

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**COMMUNITY HOUSING DEVELOPMENT ASSOCIATION, INC.**  
**Jewell Apartments Affordable Family Rental Housing**

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**Background:** Community Housing Development Association, Inc. (CHDA), a nonprofit housing development organization is the owner/sponsor of the Jewell Apartments project. CHDA is designated as a Community Housing Development Organization or “CHDO” by Arapahoe County, the City of Aurora, and the State of Colorado.

**Project Description:** CDHA has requested \$400,000 in CDBG funds to create 81 units of new quality affordable family rental housing on a 4.11-acre infill development site located west of Havana between E. Jewell and E. Colorado Avenue in an underserved area of Aurora. The site is in a Qualified Census Tract (QCT). The apartments will include 23 1-bedroom units; 44 2-bedroom units; and 14 3-bedroom units. Rents will be targeted to and affordable for households earning 30% - 80% AMI, with an overall average income of 56.05%. Up to 20% of the units will be available for residents with Special Needs including developmental disabilities, mental illness, and/or substance use disorder.

**Amount Requested:** \$400,000 (1% of Project Budget)

**Amount Recommended:** \$0 CDBG Funds / \$400,000 HOME Funds

**Number of Persons Served (County):** 81

**Priority Need:** High – Subsistence Payments

**Project Budget:** \$30,271,626

**Funding Sources:** HOME

**National Objective Category:** Provide Decent Affordable Housing

**National Outcome Category:** Affordability

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## SOUTH METRO HOUSING OPTIONS POWERS & ELATI

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**Background:** The Powers and Elati development team brings together two experienced housing authorities to use their depth of experience for maximum community benefit. The owner and operator of the project is SMHO, the housing authority for the City of Littleton. SMHO has almost 50 years of public housing management experience and currently manages over 500 units, including 180 LIHTC units, in addition to administering Littleton's Housing Choice Voucher program. SMHO currently operates two senior residences of similar size to the proposed project. The City of Littleton receives \$135,000 set-aside in CDBG funds annually, as established by County Policy, of which \$20,250 can be allocated to Public Service projects and the remainder, \$114,750, can be allocated toward a public facility/public infrastructure project. Public Service projects are capped at 15% of the annual grant award. City of Littleton has requested \$114,750 be allocated to the Powers & Elati project.

**Project Description:** City of Littleton has requested \$114,750 in CDBG funds for the Powers & Elati project. The purpose of the Powers & Elati project is to provide affordable housing for low income seniors aged 62 or older. Converting an underutilized resource (a site currently providing 12 units of aging public housing) into a new 51 unit senior housing development affordable to seniors at income levels from 30% AMI to 60% AMI.

**Amount Requested:** \$375,000 (2% of Project Budget)

**Amount Recommended:** \$114,750 Full Funding City of Littleton Set-Aside, \$500,000 HOME, \$325,000 City of Centennial CDBG

**Number of Persons Served (County):** 46

**Priority Need:** High – Subsistence Payments

**Project Budget:** \$19,791,034

**Funding Sources:** CDBG, HOME

**National Objective Category:** Create Suitable Living Environments

**National Outcome Category:** Availability/Accessibility

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## MEDICI BONSI APARTMENTS

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**Background:** The project is in central Sheridan, a mixed residential, commercial and industrial area. It provides shelter for low- to moderate-income renter households, who work in healthcare, construction, hospitality, blue-collar, retail, service, and professional jobs. Central Sheridan includes lands that are north of West Oxford Avenue, south of U.S. Highway 285 (Hampden Road), east of South Lowell Boulevard and west of the South Platte River. The high occupancy rate and lengthy waitlists at surveyed family and senior LIHTC properties illustrates substantial pent-up demand for affordable rental housing. Additionally, the family LIHTC units were 0.9% vacant and had eight- to 80-applicant waitlists.

**Project Description:** The project, Bonsai Apartments, is a new construction project containing 149 units to be developed through the Federal Low Income Housing Tax Credit (LIHTC) program and tax-exempt bonds, and targeted to low-income renter households. Of the 149 units, nine will be restricted at 30% of the area median income (AMI), 12 at 40% AMI, 48 at 50% AMI and 80 at 60% AMI.

**Amount Requested:** \$300,000

**Amount Recommended:** \$300,000 (Fully Funded County)

**Number of Persons Served (County):** 111 Households

**Priority Need:** High – Public Facilities & Homeless Shelters

**Project Budget:** \$24,220,517

**Funding Sources:** CDBG

**National Objective Category:** Create Suitable Living Environments

**National Outcome Category:** Availability/Accessibility

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## TENANT BASED RENT ASSISTANCE HOME FUNDS

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**Background:** Families with children under 18 years of age would be provided rental assistance for up to two years along with case management from Aurora@Home, Family Promise of Greater Denver or Family Tree. The case management would assist the families in identifying and addressing the issues that led to their homeless problems. The program would require that the household have stable income before transitioning in to the TBRA program and each household would contribute 30% of their monthly income to their rent and utilities.

**Project Description:** Organizations will be awarded separate Arapahoe County Home Investment Partnership Act (HOME) funds for a Tenant Based Rental Assistance (TBRA) program. The end goal is for the family to be self-sufficient at the conclusion of their rental assistance program. The major obstacle Family Promise families now face is affordable housing. By combining TBRA funding and Case Management, this project will help foster a better relationship between clients and Family Promise, beyond the typical sixty day program, providing a better opportunity for families to achieve self-sufficiency.

**Amount Requested:** \$350,000 HOME Funds

**Amount Recommended:** \$0 CDBG Funds / \$350,000 HOME Funds

**Number of Persons Served (County):** 20 Households

**Number of Persons Served (Centennial):** 0

**Priority Need:** High – Homeless Services

**Project Budget:** \$350,000

**Funding Sources:** HOME

**National Objective Category:** Provide Decent Affordable Housing

**National Outcome Category:** Availability/Accessibility



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**ARCHWAY HOUSING & SERVICES INC.**  
**ARAPAHOE GREEN TOWNHOME COMMUNITY**

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**Background:** Archway’s primary goal is to build healthier lives and communities by offering quality affordable housing with tailored services and resources to enhance the social and economic well-being of our residents. Archway serves residents in Colorado through 10 affordable housing properties in metro Denver and El Paso County. These are not transitional or time-limited housing options, but sustainable housing options offering support and stable housing where residents can build successful and healthy lives. Archway Housing & Services provides decent housing and a suitable living environment for low-income residents of Arapahoe County by decent housing at affordable prices and on-site programming.

**Project Description:** Archway owns and operates Arapahoe Green Townhomes at 1135 South Xenia Street, with 60 units (30 two-bedroom units and 30 three-bedroom units), offering a welcoming community to 223 residents, 95% of whom identify as African immigrants or Black, and 10% of whom report a disability. There are a total of 112 minors in 46 households. All residents are income-qualified to live at the residence as low-income. The proposed improvements at Archway will help ensure safe, healthy, and decent housing remains available to Arapahoe County residents. To maintain its property in Arapahoe County, Archway plans to increase safety and reduce crime by installing new exterior lighting around the property as well as make the units more energy efficient by replacing windows in the units (the plan includes replacing most of the windows in the units). Currently there is no exterior lighting at this facility, so this improvement will greatly enhance the property and increase safety.

**Amount Requested:** \$100,000 (53% of project budget)

**Amount Recommended:** \$10,000 (Partial Funding County)

**Number of Persons Served (County):** 60

**Priority Need:** High – Homeless Services

**Project Budget:** \$190,000

**Funding Sources:** Organizational Funding & CDBG

**National Objective Category:** Provide Decent Affordable Housing

**National Outcome Category:** Availability/Accessibility

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**FAMILY TREE, INC.**  
**HOUSE OF HOPE FLOORING & RAILING**

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**Background:** For over three decades, Family Tree has provided innovative, life-changing services designed to end child abuse, domestic violence and homelessness. The mission of Family Tree “is to help people overcome child abuse, domestic violence and homelessness to become safe, strong and self-reliant.” House of Hope, a 24-hour residential shelter located in Englewood, opened in 2001 to provide homeless female-headed families of Arapahoe County with safe shelter and a broad range of services. The shelter and case management enables residents to stabilize their housing situation while learning skills that will assist them in becoming self-sufficient. House of Hope accommodates up to 35 women and children at any given time, with a targeted stay of 90 days, providing families with safe and secure shelter as they pursue long-term affordable housing.

**Project Description:** Family Tree is requesting funding to replace the flooring throughout the first and second floor of the facility and the railing on the ADA ramp at the rear entrance of the shelter to ensure long-term sustainability for high traffic areas and safety for differently-abled residents. During the 2020-2021 fiscal year, House of Hope assisted 128 women and children, and staff responded.

**Amount Requested:** \$61,695 (100% of project budget)

**Amount Recommended:** \$10,000

**Number of Persons Served (County):** 48

**Priority Need:** High – Homeless Services

**Project Budget:** \$61,695

**Funding Sources:** Organizational Funding & CDBG

**National Objective Category:** Provide Decent Affordable Housing

**National Outcome Category:** Availability/Accessibility

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## INTERGRATED FAMILY COMMUNITY SERVICES EXTERIOR SITE WORK AND PARKING LOTS

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**Background:** Integrated Family Community Services (IFCS) operates the largest food pantry in Arapahoe County. The purpose of this project is to rehabilitate the lower and upper parking lots on the property at 3370 S. Irving Street, Englewood, CO 80110, to provide safe entrance to the food pantry to LMI Arapahoe County residents who are seeking food assistance because they are food insecure or hungry. Since March 2020, IFCS has seen a 700% increase in need for free grocery items. The IFCS Food Market transitioned into a warehouse processing 10,000 -15,000 lb. of food a week, servicing approximately 22,000 Arapahoe County residents in 2020. Traffic in and out of parking lots are constant and as a result, asphalt has become worn due to the increased frequency and weight of trucks delivering food. It has become increasingly challenging to manage serving clients while delaying deliveries or delaying clients while offloading and sorting deliveries. Delivery drivers and clients often play a game of Tetris to stay safe in the parking lots. So, having a safe accessible site is essential to serving Arapahoe County residents who are food insecure. IFCS' programs and services strive to enhance each family's quality of life, while building a community with donors who support diversity and stability.

**Project Description:** The goal of IFCS' Exterior Site Work Lower & Upper Parking Lots Project is to: 1. Create safe parking lots and pedestrian walkways, including easy access for wheelchairs, need to be separate from food delivery areas and trash pick-up, so that both program recipients, program donors and vendors are able to receive services and deliver food items simultaneously. 2. Correct drainage flow to improve landscape draining directly into building that has already caused flooding problems in the food market. Correcting the drainage will prevent additional damage to pipes, flooring, and other areas in the building. 3. Continue to make IFCS an equitable and inclusive organization, improving IFCS' ability to provide for all individuals in need of assistance, providing accessibility to essential services.

**Amount Requested:** \$250,000 (51% of Project)

**Amount Recommended:** \$250,000 (\$50,000 Partial Funding Centennial Entitlement, \$200,000 Partial Funding County)

**Number of Persons Served (County):** 26,102

**Number of Persons Served Centennial:** 2,584

**Priority Need:** High – Public Facilities & Homeless Shelters

**Project Budget:** \$487,520

**Funding Sources:** Organizational Funding, CDBG, HPAP, EFSP

**National Objective Category:** Provide Decent Affordable Housing

**National Outcome Category:** Affordability

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## ARAPAHOE COUNTY HOUSING & COMMUNITY DEVELOPMENT

### EMERGENCY RENT/MORTGAGE ASSISTANCE

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**Background:** Requests for rental assistance payments have risen over the years and our Housing Specialist position within Arapahoe County HCDS fields more requests for rental assistance than ever before. Because of the rising housing costs and the associated increase in the number of residents paying more than 30% of their income on housing, HCDS staff is recommending providing additional emergency rent assistance to our Housing Specialist to administer. HCDS will continue to support the Integrated Family Community Services (IFCS) homeless prevention services project that also provides rental assistance, which will provide more than one resource for rental assistance in Arapahoe County. The proposed in-house project will also provide mortgage assistance if necessary, which is not provided by IFCS. Combined, these two programs will address a growing community problem and need and provide additional supportive services to further address housing related relief.

**Project Description:** The purpose of this project is to provide in-house emergency rent and mortgage assistance to low and moderate income (at, below 80% AMI) Arapahoe County residents who are struggling to pay their rent or mortgage, and especially those facing possible eviction due to their inability to pay rent. This program seeks to assist Arapahoe County residents currently housed in order to prevent homelessness. Studies have shown that it is more cost-effective to assist currently housed persons with rental assistance, with the goal of remaining housed, than the alternative of providing services after becoming homeless. The requested Arapahoe County CDBG funding will be administered by our HCDS staff, particularly our Housing Specialist to provide additional rental assistance beyond the scope and income limits of our current program.

**Amount Requested:** \$25,565 (100% of Project Budget)

**Amount Recommended:** \$25,565 (Full Funding County)

**Number of Persons Served (County):** 25 Households

**Number of Persons Served (Centennial):** 15 Households

**Priority Need:** High – Subsistence Payments

**Project Budget:** \$25,565

**Funding Sources:** CDBG

**National Objective Category:** Provide Decent Affordable Housing

**National Outcome Category:** Affordability

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## DOCTORS CARE CONNECTION TO COVERAGE

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**Background:** Since its inception, Doctors Care’s mission has been to provide access to quality, affordable health care and services designed to reduce barriers to health for low-income people in need. Doctors Care recognizes that accessing affordable coverage is an essential first step toward long-term health in tandem with medical care. Historically underserved populations often have higher incidences of complications from treatable illnesses and, in general, are at increased risk for adverse health outcomes from a lack of affordable, preventative care and support services. As a Certified Enrollment Center for Connect for Health Colorado, Doctors Care serves Arapahoe County and the city of Littleton by helping low-income individuals find affordable health coverage.

**Project Description:** The City of Littleton has requested \$20,250 of their entitlement funds be awarded to Doctors Care – Connection to Health Coverage and Health Care Initiative. Funding will be used to offer a total of 400 hours of services between certified Health Coverage Guides and trained Patient Navigators in assisting 150 Arapahoe County residents. Gaining health coverage, along with navigation support leads to patient self-empowerment and to more preventative care, which results in a healthier individual. Health Coverage Guides provide one-on-one assistance with enrollment in either Medicaid or a subsidized plan on Connect for Health Colorado. Clients are also provided services to assist them in identifying and overcoming barriers to accessing health care, e.g. finding a primary care physician and understanding insurance coverages, terminology and billing. In summary, this project provides health care support and guidance to underserved residents of Arapahoe County with the underlying goal of increasing access to affordable health care.

**Amount Requested:** \$24,500 (12% of project costs)

**Amount Recommended:** \$20,250 – (Partial Funding - City of Littleton Set-Aside)

**Number of Persons Served (County):** 150

**Priority Need:** High – Health Services

**Project Budget:** \$200,000

**Funding Sources:** General and Operating Funds, CDBG

**National Objective Category:** Create Suitable Living Environments

**National Outcome Category:** Availability/Accessibility

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## FAMILY PROMISE OF GREATER DENVER

### TBRA FAMILY ADVOCATE

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**Background:** Family Promise of Greater Denver is a 501(c)(3) non-profit organization, independently affiliated with a national organization founded in 1988 and comprised of 200 affiliates in 43 states ([www.familypromise.org](http://www.familypromise.org)). This model brings diverse communities together to address family homelessness by providing shelter and hospitality in church facilities. Family Promise of Greater Denver began serving homeless families in November of 1997 with ten host congregations and four support congregations. Currently, there are two rotations with 22 host congregations, 42 support congregations and 2 civic groups. The mission of Family Promise of Greater Denver is “to enable an interfaith and community response to homeless families by providing shelter, meals, comprehensive assistance and encouragement toward self-reliance in an atmosphere of warmth and hospitality.” Family Promise utilizes various day sites to provide case management, referrals, counseling, housing and employment assistance at various shelter locations to provide meals, evening and overnight support and transportation to and from their locations.

**Project Description:** Family Promise will be awarded separate Arapahoe County Home Investment Partnership Act (HOME) funds for a Tenant Based Rental Assistance (TBRA) program. The CDBG funds requested will partially fund a HOME Program Manager, who will work with landlords to secure housing for families and then provide case management to those families for the duration of time they are eligible for the TBRA program. The end goal is for the family to be self-sufficient at the conclusion of their rental assistance program. The major obstacle Family Promise families now face is affordable housing. By combining TBRA funding and Family Advocacy, this project will help foster a better relationship between clients and Family Promise, beyond the typical sixty day program, providing a better opportunity for families to achieve self-sufficiency.

**Amount Requested:** \$45,000 (80% of Project Budget)

**Amount Recommended:** \$25,000 (Full Funding County)

**Number of Persons Served (County):** 10 Households

**Number of Persons Served (Centennial):** 0

**Priority Need:** High – Homeless Services

**Project Budget:** \$55,943

**Funding Sources:** CDBG

**National Objective Category:** Provide Decent Affordable Housing

**National Outcome Category:** Affordability

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**FAMILY TREE, INC.**  
**HOUSE OF HOPE STAFFING**

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**Background:** For over three decades, Family Tree has provided innovative, life-changing services designed to end child abuse, domestic violence and homelessness. The mission of Family Tree “is to help people overcome child abuse, domestic violence and homelessness to become safe, strong and self-reliant.” House of Hope, a 24-hour residential shelter located in Englewood, opened in 2001 to provide homeless female-headed families of Arapahoe County with safe shelter and a broad range of services. The shelter and case management enables residents to stabilize their housing situation while learning skills that will assist them in becoming self-sufficient. House of Hope accommodates up to 35 women and children at any given time, with a targeted stay of 90 days, providing families with safe and secure shelter as they pursue long-term affordable housing.

**Project Description:** The City of Englewood has requested \$20,250 of their set-aside be allocated to Family Tree - House of Hope Staffing. House of Hope provides client-centered case management to help families meet their self-sufficiency goals and rely heavily on staff to assist clients with meeting those goals. Case managers are responsible for interviews and needs assessments, which help the case managers develop a collaborative plan for self-sufficiency. In addition, the case manager provides on-going support and guidance focused on employment, housing and other pressing needs. The request for 2022 funds will partially support the current staff position of a case manager. By providing a case manager, House of Hope is able to support an average of 35 persons per night with coordinated services that help stabilize families and move them toward self-sufficiency faster. Because case management services are available 24 hours a day, residents have more opportunity to address pressing needs and issues as they arise, and their presence, day and night, provides an added level of supervision and security. Case managers are an integral component of the services offered by Family Tree at House of Hope and funding this request will ensure the case manager position will be staffed in 2022.

**Amount Requested:** \$41,000 (7% of project budget)

**Amount Recommended:** \$20,250 (Partial Funding - City of Englewood Set-Aside)

**Number of Persons Served (County):** 48

**Priority Need:** High – Homeless Services

**Project Budget:** \$605,492

**Funding Sources:** Organizational Funding & CDBG

**National Objective Category:** Provide Decent Affordable Housing

**National Outcome Category:** Availability/Accessibility

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## INTERGRATED FAMILY COMMUNITY SERVICES HOMELESS PREVENTION

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**Background:** Integrated Family Community Services (IFCS) provides basic human services and enrichment programs to low- to moderate-income residents using community resources. The organization strives to support its clients in every phase of their climb to self-sufficiency and success. In doing so, IFCS operates under the philosophy of “a hand up, not a hand out,” which is demonstrated by staff respecting the dignity of each client. One of IFCS’s main goals is homeless prevention and the organization utilizes a number of programs to address this issue, including financial assistance and transitional and off-site housing. Although the organization may be best known for food and clothing banks, it offers a wide-range of services and programs that assist with everything from children’s clothing and school supplies to senior programs that assist with medical expenses and grocery shopping. IFCS has been at the forefront of community based efforts to address unmet basic human needs in the South Metro Denver since 1964, becoming the largest emergency and continual support system in South Metro Denver.

**Project Description:** The purpose of this project is to provide emergency rent and/or utility assistance to extremely low-income and very low-income Arapahoe County residents who are struggling to pay rent and/or facing eviction. This program seeks to assist Arapahoe County residents currently housed in order to prevent homelessness. Studies have shown that it’s more cost-effective to assist currently housed persons with rental assistance, with the goal of remaining housed, than the alternative of providing services after becoming homeless. With funds from the State of Colorado’s Homeless Prevention Activities Program (HPAP), FEMA’s Emergency Food and Shelter Program (EFSP), and the requested Arapahoe County CDBG, Integrated hopes to keep approximately 200 Arapahoe County households housed in 2022.

**Amount Requested:** \$40,000 (49% of Project)

**Amount Recommended:** \$35,000 (Partial Funding County)

**Number of Persons Served (County):** 200

**Number of Persons Served Centennial:** 32

**Priority Need:** High – Subsistence Payments

**Project Budget:** \$80,985

**Funding Sources:** Organizational Funding, CDBG, HPAP, EFSP

**National Objective Category:** Provide Decent Affordable Housing

**National Outcome Category:** Affordability



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## PROJECT ANGEL HEART HOME DELIVERED MEALS

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**Background:** For over 20 years, Project Angel Heart (PAH) has been preparing and home-delivering individually modified meals, free of charge, to people living with life-threatening illnesses. While proper nutrition is important to everyone, it is absolutely critical for those living with life threatening illness, because they often have limited ability to absorb nutrients, decreased appetites, nausea, decreased energy and other complications. While poor and improper nutrition can be catastrophic for patients, balanced nutritious meals can provide the energy and response needed to battle illnesses. Because of this dichotomy, PAH is dedicated to promoting the health, dignity and self-sufficiency of people living with life- threatening illnesses with care and compassion. Project Angel Heart provides nutrient-dense, medically appropriate meals, modified as necessary to meet diagnosis-based dietary restrictions. Project Angel Heart's singular goal is to improve their clients' nutritional status, thereby strengthening their ability to fight their disease and improve their quality of life.

**Project Description:** The proposed 2022 project providing home-delivered meals in Arapahoe County is a continuous and ongoing project that has received CDBG funds in previous years. Each week meals are prepared and packaged in-house, and a week's worth of frozen meals are delivered on Saturday to each client's home by volunteers. As previously noted, the meals are provided free of charge. All meals are individually tailored to ensure they meet client's needs and restrictions. No other meal program in Colorado is able to accommodate medically necessitated diet restrictions, making PAH a valuable public service provider. The 2022 project is projected to serve 31,869 medically tailored meals to 220 Arapahoe County residents living with life-threatening illness, alleviating barriers to accessing and preparing healthy food that meets their needs and dietary restrictions.

**Amount Requested:** \$75,000 (9% of Project)

**Amount Recommended:** \$52,655 (Partial Funding – County) (\$3,550.60 Partial Funding – Centennial)

**Number of Persons Served (County):** 220

**Number of Persons Served (Centennial):** 60

**Priority Need:** High – Health Services

**Project Budget:** \$816,764

**Funding Sources:** Organizational Funding & CDBG

**National Objective Category:** Create Suitable Living Environments

**National Outcome Category:** Availability/Accessibility

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## NOURISH MEALS ON WHEELS MEALS ON WHEELS

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**Background:** Nourish Meals on Wheels, formerly called Town of Littleton Cares or TLC, is a self-governed, private, non-profit 501(C) (3) dedicated to “driving away hunger in South Metro Denver...one meal at a time since 1965.” Nourish Meals on Wheels prepares hot lunches each day and volunteers deliver them to clients in Arapahoe County and southeast Jefferson County. No one is restricted from receiving meals due to financial status, but the recommended fee is \$5 per meal, or \$25 per week. The organization’s mission is “to enrich the lives of seniors and others by providing nutritious meals and services that promote dignity, well-being, and independence.” As mentioned, the core operation is to prepare and deliver meals to seniors and persons with disabilities, but an auxiliary operation is to provide nonperishable groceries on a monthly basis to those clients in greatest need, as well as offer additional products and services when available. Nourish Meals on Wheels has a long-standing program in Arapahoe County, which has received CDBG funding the past few years. The funding request will ensure this program continues in 2022.

**Project Description:** CDBG funds reimburse Nourish Meals on Wheels for groceries purchased to prepare lunches for low- and moderate-income clients living in Centennial, Englewood, Greenwood Village, Littleton, Sheridan, and surrounding areas within western Arapahoe County (west of I-25). Nourish Meals on Wheels delivers hot, nutritious meals to homebound elderly and disabled individuals. This service helps people remain living independently in the security and familiarity of their own home. With pro bono guidance from a registered dietician, Nourish’s kitchen staff prepares meals that are nutritious and appropriate to the health needs of seniors. Roughly, 110,000 meals will be provided to seniors and homebound residents in western Arapahoe County during the grant year with the goal of a decreased incidence of food insecurity and a decreased incidence of loneliness and depression in the senior homebound population.

**Amount Requested:** \$50,000 (7% of Project)

**Amount Recommended:** \$50,000 (Full Funding - City of Centennial Funds)

**Number of Persons Served (County):** 640

**Number of Persons Served (Centennial):** 182

**Priority Need:** High – Senior Services

**Project Budget:** \$670,117

**Funding Sources:** General Funds, Grants and CDBG

**National Objective Category:** Create Suitable Living Environments

**National Outcome Category:** Availability/Accessibility